Clayton Valley

Ugly Eagles Relays

Saturday March 7, 2020

Clayton Valley Charter School is proud to host its 2nd annual relays invitational.

\*\* New addition: This year we are adding a mixed gender 4x400 relay to go along with Arcadia’s addition.

Meet Director: Keisha Lowe

Telephone Contact: (925) 565-5924

Email Contact: Keishalowe2000@yahoo.com

**Location:** Clayton Valley Charter School

 1101 Alberta Way

 Concord, Ca 94521

**Time:**

**Field Events:** 9:00 Am

**Running Events:** 10:00 Am

Entries via www.Athletic.net Due by **March 3rd** **, 2020 11:59 Pm**

**Division:** Varsity Boys, Varsity Girls, F/S Boys, F/S Girls

**Cost:** $250 all 4 divisions or $75 per division

 $15 per relay; $10 per individual

**Spectator Fees:** $5.00 Per Adult, $3.00 per student w/ ID, Senior Citizen, and children under 10

**Awards:** Medals 1st-3rd Individuals/Relays

**\*\*\* Please make check payable to Clayton Valley Track Team**

Mailing Address:

Clayton Valley Charter School

1101 Alberta Way

Concord, Ca 94521

Attn: Track team/ Keisha Lowe

**Entry guidelines:**

Each school is entitled to 4 athletes (per division) in all field events.

\*\* Please submit accurate marks if available for heating

**Order of Events:**

**Field Events: 9:00 Am**

Pole Vault FSG-VG

Shot Put VB-FSB

Discus VG-FSG

Long Jump (Pit 1) FSG-VG

Long Jump (Pit 2) FSB-VB

High Jump FSG-FSB

**Field Events- Immediately following the completion of morning events**

Pole Vault FSB-VB

Shot Put VG-FSG

Discus VB-FSB

Triple Jump (Pit 1) FSG-VG (Immediately following LJ)

Triple Jump (Pit 2) FSB-VB (Immediately following LJ)

High Jump VG-VB

**Running Events: 10:00 Am**

4x100 Meter Relay FSG-FSB-VG-VB

Mile Run FSG-FSB-VG-VB

100/110 Hurdles FSG-VG-FSB-VB

800 Sprint Med (100-100-200-400) FSG-FSB-VG-VB

4x400 Mixed Gender FS-VAR

4x800 FSG-FSB-VG-VB

300 IM Hurdles FSG-VG-FSB-VB

1600 Sprint Med (200-200-400-800) FSG-FSB-VG-VB

4x200 FSG-FSB-VG-VB

Distance Med (1200-400-800-1600) FSG-FSB-VG-VB

4x400 Meter Relay FSG-FSB-VG-VB

\*\*Heats may be combined

\*\*\* Please have your athletes checked in by first call! Heat and lane assignments will be given on race day.

**Relay Notes:**

1. **Only 3/16” or 1/4” Pyramid Spikes are allowed on the track.**
2. All athletes must warm up in designated warm-up area.
3. Please report to the clerk of the course on first call. Failure to report may result in disqualification from the event.
4. All running events are a timed final
5. All races will be timed electronically. Results will be posted throughout the day.
6. Additional athletes will not be added.
7. There will be NO WARM-UP ALLOWED on the track or infield.

**The meet will go rain or shine!**